

Preschool Enrichment Team - Educator and Provider Support (EPS)

# Professional Development Day – Saturday, April 25, 2015

Funded by the Berkshire Readiness Center

A Professional Development Day full of training opportunities for educators and administrators in Berkshire County - Participate in one of 4 innovative trainings.

**Choose one session for the entire day. See back of flyer for descriptions.**

- 1. Fostering Positive Environments through Intentional Teaching and Self Reflection**
- 2. Infant, Toddler, Preschool Guidelines**
- 3. Educating the Heart**
- 4. Smart Moves! Intro to Neuro-Developmental Movement for Young Children**

**Date:** Saturday, April 25, 2015

**Place:** Massachusetts College of Liberal Arts (MCLA)  
Murdock Hall, 3<sup>rd</sup> Floor  
375 Church Street, North Adams

**Cost:** \$10.00

**Time:** 8:45 AM Registration  
Training sessions 9:00 AM – 3:00 PM

**Credits:** 5 EEC Training Hours = .5 CEU's

**\*\*Please bring your lunch or plan to purchase it. (1 hour lunch break)\*\***

You must pre-register with payment. No telephone registrations will be accepted – Thank you!

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**Professional Development Day – MCLA (funded by the Berkshire Readiness Center) ... Saturday, April 25, 2015 (095)**

Please **PRINT CLEARLY** and fill in **all information** – you will not be registered if form is incomplete. **One form per person.**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_  
Home Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Personal Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Name of Program (If applicable): \_\_\_\_\_ Work Phone: \_\_\_\_\_

**EEC PQ Registry #** \_\_\_\_\_ **PQR # expiration date:** \_\_\_\_\_ **MA EEC Program ID # (Not License #)** \_\_\_\_\_

Please check type of program you work in (only one):  Family Child Care \_\_\_\_\_

Infant/Toddler  Preschool  School Age  Public School  Other \_\_\_\_\_

This Course is relevant to my Individualized Professional Development Plan (IPDP) \* Training must be relevant

Are you pursuing: (check all that apply):  GED/ESOL  College Degree  CDA  EEC Certification

**Please Choose Session #:** \_\_\_\_\_

**Total amount enclosed:** \_\_\_\_\_

**Agency PO #:** \_\_\_\_\_

**Make checks payable: Valley Opportunity Council**

**Mail to: Preschool Enrichment Team**  
35 Mt. Carmel Avenue, Chicopee, MA 01013

**Phone: 413-736-3900 Toll free: 877-478-7727**  
**Fax: 877-635-0920**



### Charge Accounts

Am Express  Discover  
 Master Card  Visa

Account Number \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CVV2 #: \_\_\_\_\_

Signature \_\_\_\_\_

**Register on-line: [www.preschoolenrichmentteam.org](http://www.preschoolenrichmentteam.org)**

**REGISTRATION DEADLINE IS ONE WEEK PRIOR TO TRAINING START DATE. Late registrations will be returned.**

## **1. Fostering Positive Environments through Intentional Teaching and Self Reflection**

**Presenter: Keira Durrett, M.Ed., Director, The Williston Northampton Children's Center**

Challenging behaviors are on the increase and that means that programs need to adopt a more comprehensive approach. Learn how to improve the social-emotional climate in your program by setting the foundation with warm, respectful relationships, having clear and consistent rules, routines and limits, making changes in the program environment and schedule, and practicing effective interventions. **Audience: All Educators**

**EEC Core Competency # 2** Guiding & Interacting with Children and Youth

## **2. Infant, Toddler, Preschool Guidelines**

**Presenter: Liz Charland-Tait, Early Childhood Consultant**

This workshop will guide you in planning mindful, intentional curriculum for children using the Department of Early Education and Care Early Learning Guidelines for Infants, Toddlers and Preschoolers.

**Audience: Infant, Toddler, Preschool Educators**

**You will need to bring a copy of the Early Learning Guidelines for Infants and Toddlers and a copy of the Early Learning Experiences** (also known as the "green book") to the Professional Development training. We will be referencing these documents throughout our training. Your program may have a copy of these already. If not, you can access the documents online using the following links:

ELG for Infant/Toddler Learning Guidelines: (note this document is 206 pages long)

[http://www.eec.state.ma.us/docs1/curriculum/20110519\\_infant\\_toddler\\_early\\_learning\\_guidelines.pdf](http://www.eec.state.ma.us/docs1/curriculum/20110519_infant_toddler_early_learning_guidelines.pdf)

Preschool Early Learning Guidelines:

[http://www.eec.state.ma.us/docs1/curriculum/20030401\\_preschool\\_early\\_learning\\_guidelines.pdf](http://www.eec.state.ma.us/docs1/curriculum/20030401_preschool_early_learning_guidelines.pdf)

**EEC Core Competency # 5** Learning Environments and Implementing Curriculum

## **3. Educating the Heart**

**Presenter: Jeannine Fitzgerald, Early Childhood Consultant**

"To educate the mind, without educating the heart is no education at all" according to Aristotle. And, future success in academics and in life is social-emotional competency. The critical time for its development is childhood, however it continues throughout adolescence. This training examines the facets of intrapersonal and interpersonal intelligences. It is filled with cutting edge insights and approaches that ensure the development of self-awareness, self-discipline, social cognition and social skills.

**Comments from past participants:**

- I have some emotionally troubled children in my class. The information covered will greatly improve my understanding of them.
- It gave me more insight into the person I've become and why. I can't wait to discuss this with my siblings. I think they will find some things very liberating.
- Best training ever. Lots of tips to help parents.

**EEC Core Competency # 1** Understanding the Growth and Development of Children and Youth

## **4. Smart Moves! Intro to Neuro-Developmental Movement for Young Children**

**Presenter: Emily Hodos, NeuroDevelopmental Movement Consultant**

People have long recognized the importance of exercise for physical and emotional well-being. What is now coming to light, through the explosion of neuro-research, is the vital role of movement for brain health and growth for people at all ages and stages of life. But not all movement is created equal!

The aim of this training is to introduce participants to the principles and practices of neurodevelopment movement for early childhood settings and to inspire them to weave simple, quick and effective neuromovement activities and principles into their daily program practices as part of a high-quality learning environment with happy, engaged students!

**EEC Core Competency # 1** Understanding the Growth & Development of Children & Youth, **2** Interacting w/ Children & Youth, **4** Health, Safety & Nutrition, and **5** Learning Environments & Implementing Curriculum