How Your Cancer Contribution Helps

Some persons do not understand clearly how contributions to the American Cancer Society help in the battle against cancer. Here is how your contributions aid in the society's program of research, education and service.

RESEARCH — Your contribution helps to support more than a thousand research specialists who relentlessly pursue for cancer knowledge. Research is the key to the future.

EDUCATION — Education makes public the knowledge produced by science through booklets, posters, newspapers and magazine advertisements, radio and films. Physicians and scientists are kept informed by latest developments in the detection and treatment of cancer by means of lectures, films, scientific papers and other services. Part of your money goes toward doing that job.

MEDICAL SERVICE — The society's Field Army of volunteer workers renders personal aid to cancer patients — such as cancer dressings, transportation, and home services. They help establish and staff cancer clinics and public health cancer facilities. The Field Army carries cancer control right into the home.

NURSES ATTEND MEETING

Miss Etta Owen, Miss Agnes Costello, Mrs. Faye Acetta, Mrs. Anna Fitzgerald and Miss Ethel Lowe were the five nurses who represented Sprague Electric Company at the Berkshire Safety Nurses dinner meeting in Pittsfield on April 12. The speaker was Dr. Alice M. Broadhurst of Boston who is medical adviser of the Liberty Mutual Insurance Company.

A census taker asked a woman how many children she had. "Well," she began, "there's Willie, and Henry, and Martha and . . . ."

"Never mind the names," he said impatiently, "just give me the number.

His tone aroused the mother's indignation.

"They haven't got numbers," she said sharply, "they've all got names!"

This is the sort of thing we definitely don't want to see around our back doors. The danger of fire and physical injury is too great.

NORTH ADAMS CLEAN-UP PROGRAM TO GET UNDER WAY ON MAY FIRST

Sprague Men and Women Can Assume Leadership In Beautification Campaign

May 1 is the day for the North Adams beautification program to get under way. This clean-up, paint-up, fix-up campaign should result in a spic and span city by the time it is over on May 13.

How can we at Sprague Electric help in making this housecleaning a success? We can spend some of our "away from work" energies cleaning up our yards, repairing broken steps, arranging for better garbage and trash disposal on our part, and doing many other odd jobs that may have needed doing around the outside of our homes for some time.

A more beautiful yard and house not only gives the city a better appearance, it also makes our neighbors think better of us as individuals because we are helping make that particular section of the city more desirable as a place to live.

In other words, it pays off in friendship.

Another point not to be overlooked is that we feel more prosperous when we look more prosperous. An increase in morale on the part of those of us who clean up — and look up.

And, of course, the most important from an individual point of view is that a clean place means a healthy place to live. Disease knows no bounds and it is the natural result of untidiness and disregard for sanitation. Epidemics start and spread from garbage and rubbish piles which attract flies. We all know about the fly — the naughty thing that carries on little foot more germs than we can count and deposits them in all on all be called upon.

We have at Sprague's some twenty-four hundred men and women who live in the city of North Adams. If twenty-four hundred of us set the example of cooperating with the Clean-Up Committee, think of the leadership we are assuming and of the precedent we are setting. If others follow in our footsteps, we'll have our city glistening like a well-kept gem in the Berkshire sunlight.

Be a Leader! Clean Up! Look Up!

OUR APRIL SNOWSTORM

The heaviest snowfall in seventeen years covered this area on April 14 right on the heels of some of the loveliest spring weather we can remember. Official measurements placed the depth at 10 inches with some outlying areas reporting 12 inches.

At one time, a total of 100 cars was held up on Union Street where the deep clinging snow and slippery pavement proved too much for those trying to get up the grade. Those motorists who tried to back down added to the confusion and two patrolmen had to be sent to the scene to restore some order.

Two snow plows went into action around 7 p.m. and, with the sanding crew, remained on duty all night so that by the time we all got out next morning, things were in pretty good condition. The skeptics will always believe that the rainmaker who seeded the rainclouds over the Catskills may have been responsible for the unexpected blanketing. Whatever the cause, we had it; it's gone now and we are back in the springtime mood.
SPRAGUE ELECTRIC LOG

Page 2

Our Safety Corner

April 28, 1950

L9S0

CLEAN

HELP

HELP DESTROY THIS TREACHEROUS KILLER.

YOU AND I MAY BE NEXT!

Good Housekeeping

Hints in the Plant

Keep stairways and aisles clear.

Keep floor clean and dry.

Put your tools back in place.

Clean up before you leave.

In the Office - - -

Keep all file and desk drawers closed.

Don't let things pile up.

Put waste papers in the basket.

Keep your locker orderly.

Actually, most of these hints apply both in the office and in the plant.

There's nothing very difficult about any of them. They are just an expression of common sense. Good housekeeping means a place for everything, and everywhere. The LOG gets a plug in here; Jim was a reporter for a number of years.

Edward Ducharme started in Block Assembly in 1943. He, too, entered the supervisor's field in 1949. His chief recreation is fishing, and his hobbies are baseball and football.

It's interesting to see that these various enthusiasm, representing practically every field of interest, all cooperate to make the Formation Department a blend of efficiency.


Edward Ducharme, Arcade J. Gibeo and Emile J. Goyette, supervisors for Formation's three shifts at Beaver Street.

Arthur Hewitt began in the Can Shop and alternated that department with Formation until he was made supervisor in 1949. He lives in Clarksburg where he raises Royal White King pigeons and sells squabs as a hobby. Take it from one who knows, they're good! His outside interests are fishing and baseball.

Leonard Bourrie was an anode winding operator when he first started with us. He says his principal interests are reading and traveling.

James F. X. Shea started as a formation operator in 1933, has clung to that department, and was made supervisor in 1949. He likes hunting and fishing, reading and sports. The LOG gets a plug in here; Jim was a reporter for a number of years.

Edward Ducharme started in Block Assembly in 1943. He, too, entered the supervisor's field in 1949. His chief recreation is fishing, and his hobbies are baseball and football.

It's interesting to see that these various enthusiasm, representing practically every field of interest, all cooperate to make the Formation Department a blend of efficiency.


Edward Ducharme, Arcade J. Gibeo and Emile J. Goyette, supervisors for Formation's three shifts at Beaver Street.

Arthur Hewitt began in the Can Shop and alternated that department with Formation until he was made supervisor in 1949. He lives in Clarksburg where he raises Royal White King pigeons and sells squabs as a hobby. Take it from one who knows, they're good! His outside interests are fishing and baseball.

Leonard Bourrie was an anode winding operator when he first started with us. He says his principal interests are reading and traveling.

James F. X. Shea started as a formation operator in 1933, has clung to that department, and was made supervisor in 1949. He likes hunting and fishing, reading and sports. The LOG gets a plug in here; Jim was a reporter for a number of years.

Edward Ducharme started in Block Assembly in 1943. He, too, entered the supervisor's field in 1949. His chief recreation is fishing, and his hobbies are baseball and football.

It's interesting to see that these various enthusiasm, representing practically every field of interest, all cooperate to make the Formation Department a blend of efficiency.
Mr. and Mrs. Robert Lee Rook, who were married on April 15. The bride is the former Leone Alderman, of F. P. Assembly.

MARBLL STREET "Memor"

Formation -- Marshall

We welcome the following men to our ranks: Stanley Wilson, Henry Pilige, Frank Bernardi, Harold Brown, Cleonaw Dean, Victor Volpi, Frank Sinifico, Anthony Falco, Benjamin Luce, Louis Lillie, and Joseph Mantzara. Best of luck to you on your jobs.

Two more high-voltage machines are starting to take shape here at Marshall Street Formation. Upon completion, it will make eleven hi-volt machines in the department.

For sale or swap: number twelve and five hi-volt mds. See Cronin and Patenaude, Inc.

Junior: "I'm going out tonight, Mom.

Sophmore: "Please, may I go out tonight? I'll be in by 10."" Janor: "I'm going out tonight, Dad.

Senior: Good night, folks, I'll bring in the milk.

Ceramics

Mr. Wilson has returned from a vacation in Canada and from whom he tells us, it was an enjoyable one.

We welcome all the newcomers on all the shifts and hope they will like it here. A special welcome to Bernie who is going to work with Franklin in Check Inspection.

Congratulations to Raymond Strobo whose engagement to Shirley Bergeron has been announced.

Birthday greetings to Lilian who will celebrate on April 15, and greetings to Josephine Dean whose birthday has just passed.

Four less a group of singers. Any noon time you can hear the gang indulging in close harmony. We think it's good. And you haven't heard anything until you've heard our incomparable Minnie singing the Roller Piano Blues!

Our fishing enthusiasts are in their glory now that the season is open. Ann went out and caught herself a nice trout. Clara hasn't tried her luck back but is stary-eyed at the prospect.

Retail Sales

Titles That Fit -- (We Hope):

The Chief Girl -- Arvada King
The Body -- Rusty St. Pierre
B Photography -- Patrick O'Callahan
Dolly of the Year -- Pat Donovan
Top Line -- Larry Van Steemberg
Actress of the Year -- Mary Daniels
Inspector General -- Teresa Devon
The Jazz Joint -- Doris Patenaude
Mrs. America -- Ruth Belanger
Best Song Composer -- Bess Campodelli
The Dull--Flowers Richards
Hunting Champ -- Miles Heath
Cub Reporter -- Barbi King
Mayor -- Sylvia Marel
Miss Hoechner -- Mary Loder
Teacher -- Audrey Barwick
Mayor-of-the-Year -- Helen Maly
The Legs -- St. Vaidas
Best Dress -- Lorraine Lavigne
The Summer Coat -- Martha Magnini
Sun Bonnet Sue -- Joan Dean
The Boss -- Hank Gazza

Can Shop

We wonder what Ted Drisk is buying bowling gloves for and what Harry Pepler would do if he couldn't afford them. About how much money he hasn't got. Almost broke, Harry. It won't be long before Bill Fortini takes his son fishing. He wanted to take him out opening day -- at the age of four months!

Are we glad to see Fink Sherman looking so regal!

Bob Hias has a 1936 Buick for sale. Frank Modell says he'll buy it if it is included in the sale.

Are we glad to hear that Walt Ragozini's son is all right after his operation.

Ray Chaffee and Bob Columbus are having their sound car trouble. Check up, boys, it can't be much worse.

Better days are coming.

Jow, of Plotting, has bought a new home. We hope you like it up there, Joe.

Joe Greco, Jr.

Mise. Paper Finish

Elizabeth Benny looks rested after her recent vacation. She is sporting a pair of rimmed glasses which are not to her liking.

Frances Gayda must be kept busy sending the gang cards from California. We think she is having a wonderful time.

Gertrude Hall is seems to be on the phone most of the time now. If she keeps it up, we will be calling her Barney Google.

Mary Zito has been out on sick leave for a couple of weeks. She spent part of the time "up on the hill" just for observation. We all send our get well wishes, Mary.

Your reporter has been out sick for a week, too, along with her husband. We thank you for the calls and cards.

The department's song for the month: "Rain or Shine."

Sales Office

We congratulate Mrs. Mathews on her new home in Clarkborg. From all reports, she really likes it. We got a confession from Joe. "When I moved in, I robbed the firm of $10,000. I sold our secret formula for $8,000. I stole the letter from your desk that got your wife a divorce, and I took the letter from your car."

"Oh, don't worry, old chap," interruped Joe. "I'm the one who poisoned you!"

Jow was sitting beside his partner who was dying. The sick man knew he was doomed and said with a sigh of repentance: "You got an confession to make, Joe."

He lifted himself on one elbow and said, "I robbed the firm of $10,000. I sold our secret formula for $8,000. I stole the letter from your desk that got your wife a divorce, and I took the letter from your car."

"Oh, don't worry, old chap," interrupted Joe. "I'm the one who poisoned you!"

Formation -- Beavers

We hear them, we see them, we love them.

Barfeun -- For his enormous appetite. L. Lillie -- Just call me Shuffles. G. Libran -- Who said no cake?

D. Biichner -- Did you hear this one? P. Bennis -- The gum is off center. A. G. Neill -- I know he is.

G. Krikspiek -- All that fail. G. Pertea -- Have you seen the pictures of our hi-volt machines?

H. Airman -- It's only 96. I want 99. E. Demoline -- Adams won! They used to once. F. Pilkan -- All zeros in. Oh 9 and 10.

R. Quagliardi -- Bankers, nothing but bankers.


P. Provico -- Come and get it before they throw it away.

Pop Welks -- I haven't any nickels.

L. Leoner -- Tillichaet betcha betcha Betty Boop -- Peace, there is no peace.

Mise. Paper Assembly

A warm welcome to Theresa Youssef, with us.

Millie Breslouf, her husband, and young son spent Easter in Norwich, Conn.

Millie Lautsch tells us it is on the list that is producing results. Where do you get the will, Miller? Esdel Foster's son, Philip, has returned home after completing three years in the U. S. Navy. We understand standing wdding bells will be ringing for him soon.

Our deepest sympathy to Pauline McCron on the sudden death of her aunt who made her home with Pauline.

Engagements

Mr. Louis Perris of Stamford, Vt., has announced the engagement of his daughter, Germaine Hone, to Norman Earl Gamache, son of Mrs. Lydia Gamache of Adams. The bride-to-be works in the Molding Department. No date has been set for the wedding.

Mr. and Mrs. Harold Martin of Florida have announced the engagement of their daughter, Carolyn, to Philip Cummings, son of Mrs. Charles Maxymilian of Adams. Carolyn works in the Office. The wedding will take place in June.

Congratulations to Raymond Scerbo of P. E. Assembly. He has announced the engagement of his daughter, Germaine Helene, to Norman Peaver, Jr., son of Doris LaBonte of Brown Street P.A.A. Solder and nephew of Pearl Waldron of Dry Tubular Finish. The date has been set for the wedding.

Mr. and Mrs. Robert Lee Rook, who were married on April 15. The bride is the former Leone Alderman, of F. P. Assembly.

Weddings

CURIY SOLARI

Miss Carmen Theresa Solaradughter of Mrs. Proctica Solar, was married to Robert Joseph Curvy, son of Mrs. Virginia Soly, on April 15 in St. Thomas' Church. The groom is employed in Check Inspection.

BOYCE VERGUNST

Miss Grace Vergunst, daughter of Mrs. Hedwiga Vergunst, and Donald Howard Royce, son of Mr. and Mrs. William Royce, were married on April 15 in the First Baptist Church. They are at home in a newly built home at 66 Cole Avenue, Pittsfield. The bride was accompanied in E.T.O.P. at the time of her wedding.

STACHURA RIVIT

Miss Dorothy Elaine Rivot, daughter of Mr. and Mrs. Jerome Rivot, was married on April 15 to Stanley John Stachura, son at Mrs. Elvira Stachura, on which local, one. The wedding took place in St. Stanislaus Church in Adams. The bride is employed in the P. F. Department at Marshall Stew. The couple is at home at 82 Lime Street, More.

ROGERS WETHERBRE

Miss Helen Louise Wetherbee of Middletown Springs, Vt., and Donald Gardner Rogers, of Government Contracts, were married in the Congregational Church on April 6. They are at home in Providence, R. I.

ROMHL ALDEMER

Miss Leone Frances Alderman, daughter of Mr. and Mrs. Leon Alderman, and Robert Lee Regis, son of Mr. and Mrs. Miles Regis, were married on April 15 in St. Francis' Church. The bride is employed in the P. F. Department. They are at home at 1342 Massachusetts Avenue.

For every right Americans who work in private business or industry or are self-employed, some one Government employee, paid out of the taxpayer's money. That's the extent to which the Federal govern- ment shows how well-ballled.

Twenty years ago there was only one government employee for every 40 citizens in other lines of work.

SHEERDED WHEAT BREAD

1 loaf white wheat in 3 cups of water.

2 tablespoons shortening
2 tablespoons sugar
1 tablespoon salt
5 yoast cake and enough flour to make a stiff batter.

Mix well for five minutes in ten gallon bowl. Pour into a greased bowl and let rise until double in bulk. Bake in 400 degree oven for thirty minutes. This makes two loaves of bread or two dozen rolls.

Submitted by Ann Heath

Harvey Labonte, Jr., son of Doris Labonte of Brown Street P.A.A. Solder and nephew of Pearl Waldron of Dry Tubular Finish.

Maric Ano Dean, two and one-half year-old daughter of Josephine Dean of Ceramics at Marshall Street. Daniel Lee Dapuir, one and one-half year-old son of Jean Dapuir of Ceramics. Linda Jean Libardoni, nineteen month-old daughter of Guido Libardoni of Networks. William Michael O'Grady, seven month-old son of Miles O'Grady, Jr., of Marshall Street D.T.Q.

Edmund Poplaski, husband of Rosalie Poplaski of Molded Tubulars at Brown Street, who is a Pfc. in the National Guard, Company M.
Industrial Oils

We are happy to see Mrs. Eunice Burn back to work looking so well after her absence of some time. Spring fever seems to have hit the department. Evelyn Morton is taking a week of her vacation which she will spend in Boston and a lovely lake in Vermont spending a few days in Boston, too. What goes on there? Alice Oakes spent a week with her new granddaughter, and Helen Leucart spent a week shoveling out the snow in the backyard. Helen has retired but is now doing her own laundry and is still energetic. Mrs. Maynard has joined the Friday night TV fans. If she keeps looking at the fights, she will be getting into some serious self-defense. How does she feel to be back home in the Networks, Eleanor Dunphy? Al Folinio has become quite a movie maker. How about letting us see some of those pictures you have taken. Al, you could show them some time soon. If you don’t get out your fishing tackle, Jack Shields, you won’t get in the fishing contest.

Molded Tubular Solder

Greetings to Catherine Latulip who celebrated her birthday recently. We extend to Rita Ozer and Maria Zelzak our best wishes.

Final Solderers

We wish Theresa Coomb a speedy recovery following her recent operation. We extend our sympathy to Rae Ag Miller’s daughter, Mary Ann, who has had a recent operation. We extend our deepest sympathy to Rae Ag Miller’s daughter, Mary Ann, who has had a recent operation.

Industrial Oil Rolling

There’s a wonderful epidemic of spring fever about. Everyone has the symptoms—lazy, happy expressions on their faces, mutterings about vacations to come, hands itching to get hold of a fishing pole or a baseball bat, but constant visits around the heart. The best remedy for this is supposed to be sunlight and naps. Maybe we ought to try it.

I’m sorry but it’s true that Jeanette Holmes has left us for another. Her heart interest happens to be her blue-eyed grandson. We are not going to blame her for wanting to take over on her home front once again. We are going to let you, Jeanette. Come and see us any time.

Celt Ferruza has been transferred to Beaver Street. Happy landing, Celt. We hope you like your new surroundings.

We were most happy to hear of the engagement of Helen Rankin to Bill Shelden of Industrial Oils. Helen used to work here and is known by many of us. Here’s our wish for much future happiness to two very nice people who deserve it. Wedding bells will sound off on October 21st.

Evelyn Morton, chief guard of the tool chest, is taking a much-needed vacation. After all, running around at the end of a day chasing hammerers, monkey wrenches, screwdrivers and so on, is pretty doggone strenuous on a gal.

Lucille Lachance is Boston bound again. She and her daughter, Beverly, who goes for hospital treatment, took another of their trips down. They always manage to have fun and plenty of good seafood to go with it.

Helen Uts is bridesmaid in a friend’s wedding recently. She reports that she is thinking a lot more about herself than the bride. She disappointed us, though, in not catching the bridal bouquet. You can tell she is a Yankee fan. Better catching next time, Helen.

Ag Miller’s daughter, Mary Ann, is a frequent visitor these days. She has quite a prominent part in a church play. Her role is that of a spinster. After seeing this young lady, we are quite sure she doesn’t play that role in real life.

I want to thank all my friends at the Brown Street Plant for their many kindnesses to me during my recent illness.

Daily Williams

Wire Coating

Earle Walsh is starting to bring spring bouquets in to the department. Arlotta made its first appearance the week of April 17.

Springs: A true fish story: Corina Tatro’s son, Ronny, bought home a 114 1/2 the other day. Corina saw the trout, then heard a rattle of pans, then a sizzling sound. The boy had the frying pan full of fried fish filled the kitchen, and then, like a flash, four people divided and ate the poor little fish! We are happy to welcome Elmo Williams back to Wire Coating. She worked with us in 1942 and 1943 but left us to go in training for a nurse.

Our best wishes to Mary Jane Sanford, daughter of Mr. and Mrs. Paul Sanford, who received her cap on April 8 at the Union School of Nursing, Albany, N. Y.

PAA Rolling

Spring is here for sure. How do we know? Mabel Theriault has blossomed out in her new spring wardrobe.

Have you heard that Helen Corder is going to be bat girl for the Red Sox and that she also has the job of kissing Ted Williams’ arm before he goes up to the plate. We also wish Helen a Happy Birthday with many happy returns.

We are all a little envious of Mary Mesier’s 1934 Plymouth. It has four worn tires, four cracked windows, and we think the color’s a little dull for this world—a take-take gray with chipped chrome trim. We are waiting impatiently for our first ride, Mary.

Mary Mastang started the fishing season off with a bang. She fell in the brook.

Who is known as the great Lorenzo Jones of the department? No, it isn’t Romo.

What rude Laddie has been taking lately—covering her legs up to the hips with some odd garment. She claims she has “very close” veins.

Molded Tubulars—Night

The Molded Tubular Quarter Club held a supper at the Clarkspur Sportsmen’s Club on April 2. Vera Davine and Mae Szatela were in charge. We all enjoyed the dancing. Annie sure can jitterbug.

The stock was very fuzzy a few years back in the month of April. Happy Birthday, girls.

Welcome back after your illnesses, Amy and Virginia. We hope you are well now.

Hurry back, Alvin, we miss you.

Margaret Foose’s son, Bob, who worked at Sprague’s at one time, has accepted a teaching position and position of assistant coach at Pine Bush, N. Y. Margaret is the proud mother of a fine son.

SPRAGUE ELECTRIC LOG

April 21, 1950

BIRTHS

To Mrs. and Mrs. Joseph R. Courmoyer on April 15. The father works in Dry Tubular Assembly.

To Mr. and Mrs. Edward E. McConnell on February 23. The mother is Cecilia of the Fibre Plant at Brown Street.

To Mr. and Mrs. Walter Williams on April 20. The father works in General Maintenance.

To Mr. and Mrs. William Houghton on April 21. The father works in the Sample Department.

To Mr. and Mrs. Austin Rogers on April 17. The father works in the F. P. Department at Marshall Street.

To Mr. and Mrs. Earl Wickline on April 14. The father is in the D. T. Q. Rolling Department.

What’s A Woman

Analysis of the creature known as woman as seen through the eyes of the chemist.

Symbol: W

Complex physical makeup, with atoms in the form of gold, silicon, and platinum. Despite violent reaction if left alone, able to absorb great amounts of food matter. Turned green when placed beside a better looking specimen. Highly ornamental, useful as an accent in oncology of low spirits and an equalizer of the distribution of wealth. Probably the most effective income redefining agent known.

Heart Associations

The Massachusetts Heart Association has issued a set of “Ten Commandments of Living with Your Heart.” They are:

1. Find a doctor you respect, obey him completely, and believe in him as your most precious possession, as he is.

2. Tell him the truth at all times, and encourage him to call you in for periodic checkups.

3. Play the fat man, the statistician knows his days.

4. Exercise in ways you enjoy, be moderate as a week-end athlete or laborer.

5. When the storm drifts high, let some younger fellow shoo out the driveway.

6. Avoid self-doing — “he who does himself has a fool for a physician.”

7. Fortune is the man who has a mild heart condition and knows it, burns to live with his heart.

8. Plan to take “time out” daily, weekly, yearly — for rest. When you rest, your heart rests.

MARK OF EFFICIENCY

Good housekeeping means a safer, a better, a more satisfying place to live in. Furthermore, it is a mark of efficiency at your job. Very often you are judged on the appearance of your desk or the hencry where you work. The following “housekeeping hints” supplied by the Metropolitan Life Insurance Company will, if followed, be a direct benefit to you in your work — and in a job well done. Perhaps you can add a few hints of your own to this list.

LUNCHEON ROLL-UPS

Hot biscuit squares are the nutritious foundation for asparagus spears in luncheon meat roll-ups. A peppy mustard sauce serves as creamy gravy.

Different and tempting, Asparagus Rolls on Sun-Tan Biscuit Squares is a luncheon dish you’ll want to add to your list of springtime favorites. Pretty green asparagus spears, cooked just until tender, are rolled up in luncheon meat and placed over hot biscuits. Then a tangy mustard sauce covers all.

Biscuits cut in square or diamond shapes make attractive breaks for luncheon, and nourishing ones, too. Use a sharp floured knife to cut the rolled-out biscuit dough into squares, pressing the knife down firmly. Avoid dragging it through the dough, lest the biscuits lean instead of standing up tall and straight. While the biscuits bake, heat the asparagus luncheon roll-ups under the broiler.

To serve, put two roll-ups on each hot biscuit and cover with a creamy mustard sauce. The nutritional score of this dish includes B-vitamins and iron in the enriched biscuit, protein in the meat, vitamin A and C in the green asparagus, calcium and phosphorus in the milk. Besides all this, it tastes appetizingly fresh and good.

- Thanks for the Tip -

To remove chewing gum from clothing, rub ice over the stain. Make small scatter rugs from a faded and stained carpet by cutting the squares into squares (avoid the stained part) and binding the squares with Bondek Rug Binding Tape.

To a regular muffin mix add 1 cup ready-to-eat bran to make delicious bran muffins.

Instead of throwing away old brooms, save the wooden handles for use as rods in closets, towel racks or window prop.

Remember that a good basic breakfast—fruit or juice, cereal, milk, bread and butter, and beverage—gives you one-third of your daily food requirements yet costs but one-sixth of your daily food bill.

To decorate a plain white apron with a Christmas motif or your own initials, cut the design out of red Bondek Hot Iron Mending Tape and iron it onto the apron.

THE STORY OF TEN LITTLE FREE WORKERS

THESE ARE THE WORKERS

- REDDY DOCTOR RAILROAD MINER STEELWORKER FARMER LAWYER GROCER SALESCLERK REPORTER

Ten little free workers in this country fine and fair. But if you cherish your freedom—worker have a care!

Ten little free workers—Reddy was doing fine
Until the socialists got him—then there were nine.

Nine little free workers laughed at Reddy’s face
Along came federal medicine—there were eight.

Eight little free workers thought this country heaven
But the government took over the railroads, then there were seven.

Seven little free workers—all the miners got in a fix
Uncle said coal’s essential and took over leaving six.

Six little free workers till the day did arrive
The steel mills too were federalized—then there were five.

Five little free workers—but the farmers are free no more
The farms have been collectivized—that leaves only four.

Four little free workers till the government did decree
All must have free legal advice—then there were three.

Three little free workers—the number is getting few
But with government groceries selling food—then there were two.

Two little free workers—our story’s almost done
With clerks at work in federal stores—that leaves only one.

One little free worker— the reporter son-of-a-gun
Mustn’t criticize government—so now there are none.

Ten little workers—but they are no longer free
They work when and where ordered, and at a fixed rate you see,
And it all could have been prevented if they’d only seen fit to agree
And work together instead of saying “it never can happen to me!”

The Chuckle Corner

Landlord: “Have you any children?”
Would-be Tenant: “No.”
LL: “Any pets—a canary or parrot, perhaps?”
WBT: “No, but I’ve got a fountain pen that scratches a little.”

A pet on the back, though only a few verdure removed from a kick in the pants, is miles ahead in the results.

Sailor: “I see there’s a rule against tips here.”
Waitress: “Bless your heart, apples were forbidden in the garden of Eden.”

The bachelor roomer called on his home. It was slightly confused.
Husband: “Some sailor, I guess.”
Wife: “Who was that.”

Hesitatingly, he said, “I was asked to buy either a casserole or a camisole. I can’t remember which.”

“One little free worker—the reporter son-of-a-gun
Mustn’t criticize government—so now there are none.

BROWNED VEAL

3 pounds veal steak cut out in small squares. Fry out 1 pound of pork. Sear the meat in the fat. Cover with boiling water and place on back of stove to simmer for 2 hours. One-half hour before serving, dredge with flour to make gravy.


An Associated Press report from Texas tells about a gal who sprained her thumb putting on her girdle! And work together instead of saying “it never can happen to me!”

Apple or canned pineapple slices make good flavor combinations with gingerbread. Arrange fruit slices, with brown sugar and butter or margarine, in bottom of square pan or ring mold. Cover with gingerbread batter, which may be made quickly with a mix. After baking, turn upside down to serve, so that the simple fruit presents an inviting topping.

The man who brags, “I run things in our house,” usually refers to the lawn mower, vacuum cleaner, and errands.
SPORTS

SPRAGUE MEN'S BOWLING

HAIL THE CHAMPS! Yes we salute the Molding Dept. Team from Brown Street on their winning the 1950-51 Sprague Bowling Title. In the 4 round roll-off the Molding Team hit the fine team total of 1653. In second place was the K.V.A. with 1414. Third was the D.T.Q. rolling 1255 and in 4th position was the Dry Rolling with 1373.

This year the schedule was divided into 4 rounds with each round winner qualifying for the championship roll-off.

The first round winner was the D.T.Q. with a 14-7 standing. Incidentally they were tied with the Dry Rolling in this 1st round but beat them in a roll-off.

The 2nd round winner was the Molders with a 15-6 record. The 3rd round winner was the K.V.A. with 16-5 standing.

The 4th round winner was the Dry Rolling with also 16-5 percentage. Here again they were tied with the Molders but won the roll-off.

We are all proud of the winning Molders for they were a colored array all year long. They had the will and their spirit was something to see. It proves the old saying that if you have the will to win then you can win. Congratulations fellows, you certainly deserved the crown.

In the next issue we will enter the round standings and the winners of the various prizes for high triple single, team etc.

GIRLS' BASKETBALL

The Sprague Lassies wound up their lengthy court season with a good win over the present West Mass. Champs. The Turner Falls Bonnettes at the local "V". The score was 29-28. Miss Gordon, a newcomer to the team was much too strong for Middlebury men. Unfortunately that it will be short lived when the western clubs swing east.