



## HEALTH SCIENCES, SPORTS MEDICINE CONCENTRATION

Effective Fall 2018

### First Year (Fall)

BIOL 150	Intro to Biology I: Cells (CST, 4 cr) <sup>A</sup>
CHEM 150	Intro to Chemistry I (CSTL, 4 cr) <sup>B</sup>
ENGL 150	English Composition II <sup>A</sup>
MATH 232	Statistics (CMA) <sup>A</sup>
BIOL 101	Seminar for Entering Majors (1 cr) <sup>B</sup>

### Second Year (Fall)

PHYS 131	General Physics I (4 cr) <sup>B</sup>
BIOL 342	Anatomy & Physiology I (4 cr) <sup>A</sup>
Elective	Language at the 101 level (CLA) or elective <sup>A</sup>
CHH	Human Heritage core course <sup>A</sup>
HLTH 100	Clinical Observation (1 cr)

### Third Year (Fall)

CHH	Human Heritage core course <sup>A</sup>
CCA	Creative Arts core course <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
Elective	Elective <sup>A</sup>

### Fourth Year (Fall)

UL elective	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>

### First Year (Spring)

BIOL 240	Genetics (4 cr) <sup>A</sup>
CHEM 152	Introduction to Chemistry II (4 cr) <sup>B</sup>
PSYC 100	Intro to Psychology (CSS) <sup>A</sup>
CCA	Creative Arts core course <sup>A</sup>
PHED	Physical Education course (1 cr) <sup>A</sup>

### Second Year (Spring)

BIOL 343	Anatomy & Physiology II (4 cr) <sup>A</sup>
BIOL 250	Nutrition <sup>B</sup>
FREN/ /SPAN	Language at the 102 level (CLA) <sup>A</sup>
HLTH 210	Human Growth & Development <sup>A</sup>
UL elective	Upper-level elective (1 cr) <sup>A</sup>
PHED	Physical Education course (1 cr) <sup>A</sup>

### Third Year (Spring)

BIOL 440	Exercise Physiology (4 cr) <sup>C</sup>
BIOL 320	Microbiology (4 cr)
CAP	Capstone core course <sup>A</sup>
Elective	Elective <sup>A</sup>
BIOL 330	Journal Article Discussion (1 cr)

### Fourth Year (Spring)

BIOL 484	Biomechanics <sup>C</sup>
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>

CORE CURRICULUM	code
Tier I Reading, Thinking, Writing	CWR
Tier I Quantitative Reasoning	CMA
Tier I Language Arts	CLA
Tier II Creative Arts	CCA
Tier II Human Heritage	CHH
Tier II Self & Society	CSS
Tier II Science & Technology	CSTL, CST
Tier III Core Capstone	CAP

*This is a sample 4-year plan to complete the major. We believe that this represents an accurate depiction of the requirements, but there are other pathways to degree completion. We strongly recommend that you meet with your academic advisor(s) regularly to review your requirements and progress toward graduation.*

Anticipated course frequency: <sup>A</sup> every semester, <sup>B</sup> every year, <sup>C</sup> every other year

Last updated 3/26/20

ALL COURSES 3 credits unless noted (#)  
UL = upper-level (300-level or above)