Acrostic

An acrostic is a sequence of letters that helps you remember a poem or other text

Exercise text:

(Whose job is it to take out the garbage?)
Grounds (coffee)
Apple (core)
Rinds (mellon)
Banana (peel)
Anchovies (from pizza I wouldn't eat)
Grapes (too ripe to eat)
Emptying the stinking bag (my job)
To memorize the planets:

Mercury My
Venus Very
Earth Excellent
Mars Mother
Jupiter Just
Saturn Served
Uranus Us
Neptune Nothing

From Wikipedia:
An acrostic poem in English written by Edgar Allan Poe (ELIZABETH):

An Acrostic

Elizabeth it is in vain you say
"Love not" -- thou sayest it in so sweet a way:
In vain those words from thee or L.E.L.
Zantippe's talents had enforced so well:
Ah! if that language from thy heart arise,
Breath it less gently forth -- and veil thine eyes.
Endymion, recollect, when Luna tried
To cure his love -- was cured of all beside --
His follie -- pride -- and passion -- for he died.