

Fall Study Skills Zone Workshops

Fall Schedule:

1. September 15, 2020:
 - SMART Goal Setting
3:00 PM to 3:50 PM

2. September 24, 2020:
 - Procrastination Busters: The Art of Taking Action
3:00 PM to 3:50 PM

3. October 1, 2020
 - Boost Your Memory Power
3:00 PM to 3:50 PM

4. October 16, 2020
 - Taking Notes Effectively
3:00 PM to 3:50PM

5. November 4, 2020
 - Learning Preferences: Know How You Learn Best
3:00 PM to 3:50

6. November 17, 2020
 - Managing Test Anxiety
3:00 PM to 3:50 PM

7. November 26, 2020 and December 3, 2020: Choose either session!
 - Exam Game Plan: How to Plan for Finals
3:00 PM to 3:50 PM

Final Exams Begin: December 14, 2020