Fall Study Skills Zone Workshops

Fall Schedule:

1. September 15, 2020:
   • SMART Goal Setting
     3:00 PM to 3:50 PM

2. September 24, 2020:
   • Procrastination Busters: The Art of Taking Action
     3:00 PM to 3:50 PM

3. October 1, 2020
   • Boost Your Memory Power
     3:00 PM to 3:50 PM

4. October 16, 2020
   • Taking Notes Effectively
     3:00 PM to 3:50 PM

5. November 4, 2020
   • Learning Preferences: Know How You Learn Best
     3:00 PM to 3:50 PM

6. November 17, 2020
   • Managing Test Anxiety
     3:00 PM to 3:50 PM

7. December 3 @ 12:00-1:00, December 8th @12:00-1:00 or 3:00-4:00: Choose either session!
   • Exam Game Plan: How to Plan for Finals

Final Exams Begin: December 14, 2020